

# Coronavirus Disease 2019 (COVID-19)

## National Surveillance Report as of 19/05/2020

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## Summary

- As of May 19<sup>th</sup>, a total of 918 COVID-19 cases and 24 deaths (case fatality rate: 2.6%) have been reported in the Republic of Cyprus.
- Among these cases, 20.6% are health-care workers (n = 189) 4.3% physicians (n = 39), 10.3% nurses (n = 95), 1.4% other health occupations (n = 13), and 4.6% auxiliary staff (n = 42).
- The median age of cases is 45 years (interquartile range IQR: 32-59 years); 49.8% are male and 50.2% are female.
- Overall, of 773 cases for which the place of exposure was known, locally acquired infections (index cases and close-contacts of confirmed cases) were 643 (83.2%) of these 8.9% (n = 57) were related to a health-care facility (General Hospital in Pafos) and 12.8% (n = 82) were reported in Aradippou municipality.
- In total, 19% (n = 174) of cases received hospital care, of which 139 (79.9%) have been discharged alive from the hospital. Median age of all hospitalized patients is: 62 years (interquartile range: 49-73 years) and 64.9% are males.
- Four patients were still in intensive care units (for part of the day if they died, were discharged or transferred on that day or for the whole day, by May 19<sup>th</sup>); three of them were intubated.
- Overall, 561 (61.1%) cases have recovered (two negative tests following their diagnosis).
- A total of 90,619 tests have been performed as of May 19<sup>th</sup> (10,345.8 per 100,000 population).



## Epidemiological surveillance in the Republic of Cyprus

Analyses are based on laboratory-confirmed cases notified to the Epidemiological Surveillance Unit of the Ministry of Health.

As of May 19<sup>th</sup>, 918 laboratory-confirmed cases of coronavirus disease 2019 (COVID-19) have been reported (Figure 1 and 2).

The median time between symptoms onset and date of sampling was 4 days (Interquartile range - IQR: 2-7 days). It should be noted that for 14 cases the date of sample collection was before the onset of symptoms because of immediate testing of contacts of possible and laboratory-confirmed cases.

As of May 19<sup>th</sup>, the 14-day cumulative incidence rate of COVID-19 (per 100,000 population), a measure which reflects the number of active COVID-19 cases in the population (prevalence)<sup>1</sup>, is 4.2 per 100,000 population (Figure 3).





Recent data should be interpreted with caution due to the possibility that cases with date of onset within the reporting period have not yet been diagnosed.

<sup>&</sup>lt;sup>1</sup>Coronavirus disease 2019 (COVID-19) pandemic: increased transmission in the EU/EEA and the UK – seventh update, 25 March 2020. Stockholm: ECDC; 2020.

https://www.ecdc.europa.eu/sites/default/files/documents/RRA-seventh-update-Outbreak-ofcoronavirus-disease-COVID-19.pdf





Figure 2: Number and cumulative number of laboratory-confirmed COVID-19cases in Cyprus since 02/03/2020, by date of laboratory reporting (n = 918). *Recent data should be interpreted with caution due to the possibility that cases with date of onset within the reporting period have not yet been diagnosed.* 



# Figure 3. COVID-1914-day cumulative incidence rate per 100,000 population (proxy of COVID-19 prevalence).

March 23<sup>rd</sup> represents the first 14<sup>th</sup> day since cases have been reported.



Characteristics of the cases

Among these cases, 50.2% are female (n = 461) and 49.8% male (n = 457). The median age of cases is 45 years (IQR: 32-59 years). By age groups, cases included 58 infants, children and adolescents aged 0-17 years-old (6.3%), 634 adults aged 18-59 years (69.1%), and 226 persons aged 60 years and older (24.6%) (Figure 4).



Figure 4: Laboratory-confirmed COVID-19-cases in Cyprus by sex and age groups.

Among all cases, 356 (38.8%) were reported in Nicosia district, 239 (26%) in Larnaka, 158 (17.2%) in Pafos, 103 (11.2%) in Limassol, 41 (4.5%) in Ammochostos, and 21 (2.3%) were reported either in the British bases or had a residence abroad, or information was not available (Table A1 in appendix).

Figure A1 in appendix shows the distribution of cases by postal code.

Notably, 125 cases (13.6%) were reported in Aradippou, a municipality in Larnaka district (Table A1 in appendix). Cases in Aradippou, including a cluster in a local bakery production line, are mainly males (58.4%; n = 73) and the median age is 49 years (IQR: 33-61 years). If the cluster is excluded, cases are mainly female (53.6%; n = 52) and the median age is 55 years (IQR: 39-69years).



Among the 918 cases, 20.6% are health-care workers<sup>2</sup> (n = 189) - 4.3% physicians (n = 39), 10.3% nurses (n = 95), 1.4% other health occupations (n = 13), and 4.7% auxiliary staff (n = 42).

Table 1 shows the distribution of health-care workers by district of residence.

	Health-care			Other health	Auxiliary staff
District	worker	Physicians	Nurses	occupations	
Ammochostos	16	3	7	1	5
Larnaka	43	7	24	3	9
Limassol	16	3	9	2	2
Nicosia	55	12	23	5	15
Pafos	59	14	32	2	11
Total	189	39	95	13	42

Table 1: Health-care workers by district of residence (n=189).

#### Epidemiological link

As of May 19th, place of exposure is available for 773 cases (84.2%).

In total, 16.8% (n = 130) of laboratory-confirmed COVID-19-cases had history of travel or residence abroad during the 14 days prior to symptom onset (imported). These cases have a direct link to the UK and Greece, mainly.

Locally acquired infections (index cases and close-contacts of confirmed cases) occurred in 83.2% (n = 643 of 773 with known place of exposure) of the cases, of which 8.9% (n = 57) were related to a health-care facility (General Hospital in Pafos).

Of all cases in Aradippou (Larnaka district) (n = 125), 82 (65.6%) were locally-acquired, 10 (8%) imported and for 33 cases (26.4%) the epidemiological link was not recorded at the moment.

Table A1 in the appendix shows the number and the rate (per 100,000 population) of locally-acquired cases by district of residence.

 $<sup>^2</sup>$  The term "health-care worker" is based on the occupation and not on the place of exposure. Health-care workers are defined as all health care professionals, allied health workers, and auxiliary health workers.



#### Clinical features

Of the 918 laboratory-confirmed COVID-19-cases, clinical information is available for 98.5% (n = 904), of which 31.6% (n = 286) reported no symptoms at diagnosis and 68.4% (n = 618) reported at least one symptom. The most commonly reported symptoms were:

- cough (309/892; 34.6%),
- fever (289/891; 32.4%),
- myalgia (200/890; 22.5%),
- sore throat (157/888; 17.7%),
- anosmia (108/800; 13.5%), and
- shortness of breath (105/875; 12%).

Other reported symptoms were diarrhoea, runny nose, and headache.

Table A2 in appendix reports the sex and age distribution of asymptomatic cases at diagnosis.

#### Pre-existing conditions

Information on comorbidities was available for 809 (88.1%) cases. Of these, 330 (40.8%) reported at least one comorbidity.

The most commonly reported comorbidities were:

- hypertension (127/801; 15.9%),
- diabetes (73/809; 9%),
- heart disease (63/804; 7.8%), and
- cancer (25/809; 3.1%).

Other reported comorbidities were chronic kidney disease, autoimmune disease, and chronic respiratory disease.



## Deaths

As of May 19<sup>th</sup>, 24 deaths were reported in Cyprus (Case Fatality Rate - CFR: 2.6%). The mortality rate for COVID-19 is 2.7 per 100,000 population.

Seventeen deaths (70.8%) occurred in men and seven (29.2%) in women; the median age of all deaths was 76 years (IQR: 67-79 years). Nine deaths were reported among residents in Larnaka, seven in Pafos, three in Nicosia and Ammochostos, each, and two in Limassol (Appendix Table A3).

The median time from date of sampling to death was 10 days (IQR: 4.5-23.5 days). Figure A3 shows the Kaplan-Meier curve of the time from date of sampling to death.

For 17 deaths, COVID-19 was the underlying cause of death (COVID-19 CFR: 1.9%). Figure 5 reports the number of deaths by date.



Figure 5: Number of deaths among COVID-19 cases in Cyprus by date of death (n = 24).



## Hospitalization and intensive care unit (ICU) admissions<sup>3</sup>

In total, 19% (n = 174) of people with COVID-19 received hospital care, and 139 patients (79.9%) have been discharged alive from the hospital. The median age of hospitalized patients was 62 years (IQR: 49-73 years). Hospitalized cases were mainly males (n = 113; 64.9%).

Figure 6 shows the total number of hospital admissions by date.



Figure 6: Number of laboratory-confirmed COVID-19 cases by date of hospital admission (n = 174).

\* Date of hospital admission; for inpatients hospitalised prior to the beginning of the epidemic, it was replaced with date of sampling.

Overall, 32 cases (18.4% of all hospitalized patients) have been admitted to ICU<sup>4</sup>, of which 4 were still in ICU (as of May 19<sup>th</sup>).

A total of 27 ICU patients (84.4% of all ICU patients) have been intubated, of which 3 (75% of all patients currently in ICU) are still intubated.

The overall median length of stay in ICU (for all 32 ICU cases, considering those still in ICU until May 19<sup>th</sup>) was 11 days (IQR: 8-27.5 days). Figure A4 shows the Kaplan-Meier curve of the length of stay in ICU.

<sup>&</sup>lt;sup>3</sup> Data on hospitalisation and ICU are provisional and should be interpreted with caution because delay in data reporting is likely; for the construction of the curve, people are no longer in an ICU the day next to the date of their discharge, death or transfer.

<sup>&</sup>lt;sup>4</sup> Intensive care unit (ICU) refers only to the ICU in Limassol General Hospital and to the ICU in Nicosia General Hospital.



For patients who died while in ICU (n = 16), the median length of stay in ICU was 10.5 days (IQR: 5.5-23.5). Figure A5 shows the Kaplan-Meier curve of the length of stay in ICU for the people who died.

For patients transferred/discharged alive from ICU (n = 12), the median length of stay in ICU was 9 days (IQR: 7.5-27.5 days).

The median age of patients ever admitted to ICU was 65.5 years (IQR: 56-75 years). ICU patients are mainly male (n = 23; 71.9%).

The number of cases currently in ICU is 0.5 per 100,000 population. For comparison, Italy and Lombardia reported the highest rates of 6.7 per 100,000 population (n = 4,068) and 13.8 per 100,000 population (n = 1,381) on April 3rd . The ICU rates in Italy and Lombardia on May 19<sup>th</sup> are 1.2 per 100,000 population (n = 716) and 2.4 per 100,000 population (n = 244) (<u>https://github.com/pcm-dpc/COVID-19/blob/master/dati-andamento-nazionale/dpc-covid19-ita-andamento-nazionale-20200519.csv;</u> https://github.com/pcm-dpc/COVID-19/blob/master/dati-ita-regioni-20200519.csv).

Figure 7 shows the number of patients in ICU, by day and intubation. Table A4 in the appendix shows the total number of ICU admissions by date.





\*Date of discharge/transfer/death included



#### Recovered

As of May 19<sup>th</sup>, 61.1% (n = 561) of COVID-19 cases have recovered<sup>5</sup>.

The median time between the second negative result and the first date of sampling was 23 days (IQR: 19-32 days).

Table 2 shows the number and percentage of recovered cases and their characteristics.

Characteristics	Total	Recovere	Recovered		
	Ν	n	%		
Total	918	561	61.1		
Sex					
Male	457	271	59.3		
Female	461	290	62.9		
Age groups (years)					
0-9	29	13	44.8		
10-19	40	23	57.5		
20-29	118	71	60.2		
30-39	182	122	67.0		
40-49	158	96	60.8		
50-59	165	108	65.5		
60-69	112	65	58.0		
70-79	85	48	56.5		
80+	29	15	51.7		
Median age in years (IQR*)	45 (32-59)	45 (32-58)			

Table 2: Characteristics of recovered cases (n = 561).

<sup>&</sup>lt;sup>5</sup> For symptomatic cases, or for cases hospitalised, a COVID-19 case can be considered cured after the resolution of symptoms and two negative tests for SARS-CoV-2 at 24-hour interval at least.

For asymptomatic cases, or for persons isolated at home, the negative tests to document virus clearance should be obtained at a minimum of 14 days after the initial positive test (end of the quarantine period). Novel coronavirus (SARS-CoV-2). Discharge criteria for confirmed COVID-19 cases- When is it safe to discharge COVID-19 cases from the hospital or end home isolation? - Technical Report, 10 March 2020. Stockholm: ECDC; 2020.



## Comparison with selected countries

As of May 19<sup>th</sup>, in Cyprus the reporting rate was 104.8 cases per 100,000 population, the mortality rate was 2.7 deaths per 100,000 population and the CFR was 2.6%. Table 3 shows COVID-19 indicators for Cyprus and other selected countries.

Figure A2 in appendix reports the rates of cumulative tests and cases (per 100,000 population) in Cyprus and other selected countries. In Cyprus the testing rate is 10,345.8 per 100,000 population.

It should be noted that the number of cases, tests and deaths for Cyprus are aggregated and include people from abroad and the British bases, while the total population does not include inhabitants from abroad or from the British bases.

Country	N. of cases †	N. of cases (per 100,000 pop)	N. of tests §	N. of tests (per 100,000 pop)	N. of deaths†	CFR° (%)	Mortal ity rate (per 100,000 pop)	Pop. (in thousan ds)†
Cyprus	918	104.8	90,619	10,345.8	24	2.6	2.7	875.9*
Italy	225,886	373.8	3,104,524	5,137.3	32,007	14.2	53.0	60,431.3
USA	1,508,598	461.1	11,834,508	3,617.3	90,353	6.0	27.6	327,167.4
UK	246,406	370.6	2,772,552	4,169.9	34,796	14.1	52.3	66,488.9
Greece	2,836	26.4	136,001	1,267.8	165	5.8	1.5	10,727.7
Malta	558	115.4	53,196	11,001.6	6	1.1	1.2	483.5
Sweden	30,377	298.3	177,200	1,740.1	3,698	12.2	36.3	10,183.2
Netherla nds	44,141	256.2	209,718	1,217.1	5,694	12.9	33.0	17,231
Republic of Korea	11,078	21.5	765,574	1,482.7	263	2.4	0.5	51,635.3

#### Table 3: COVID-19 indicators by selected countries, as of 19/05/2020.

<sup>†</sup>Number of cases, number of deaths and population (in thousands) for all countries, but Cyprus, as reported by ECDC at

https://www.ecdc.europa.eu/en/publications-data/download-todays-data-geographic-distributioncovid-19-cases-worldwide

<sup>§</sup> Data for Cyprus: internal communication; data for other countries: <u>https://www.finddx.org/covid-19/test-tracker/</u>

° CFR: Case fatality ratio.

\* Data from Statistical Service of the Republic of Cyprus, 2018 (<u>Statistical Service of the Republic of</u> <u>Cyprus</u>)



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## Appendix

Table A1: Laboratory-confirmed COVID-19-cases in Cyprus by district of residence and origin (n = 918).

District/	То	tal	Tra rela	vel- ated	Unk ori	nown igin	Locally-acquired		Den		
municipality	Ν	%	Ν	%	Ν	%	Ν	%	N (per 100,000 pop)	10p.	
Ammochostos	41	4.5	9	6.9	9	6.2	23	3.6	47.7	48,200	
Larnaka	239	26.0	18	13.8	48	33.1	173	26.9	117.7	147,000	
Aradippou	125	13.6	10	7.7	33	22.8	82	12.8	426.5	19,228	
Limassol	103	11.2	28	21.5	14	9.7	61	9.5	24.9	244,900	
Nicosia	356	38.8	48	36.9	48	33.1	260	40.4	76.1	341,700	
Pafos	158	17.2	11	8.5	25	17.2	122	19.0	129.6	94,100	
Other	21	2.3	16	12.3	1	0.7	4	0.6			
Total	918	100	130	100	145	100	643	100	73.4	875,900	

Other includes British Bases, abroad and unknown



	All cases (n = 918)	Asymptomatic (n = 286)	cases
Characteristics	Ň	n	%
Sex			
Male	457	157	34.4
Female	461	129	28.0
Age groups (years)			
0-9	29	11	37.9
10-19	40	17	42.5
20-29	118	43	36.4
30-39	182	67	36.8
40-49	158	46	29.1
50-59	165	43	26.1
60-69	112	21	18.8
70-79	85	30	35.3
80+	29	8	27.6
Median age in years (IQR*)	45 (32-59)	40 (30-56)	

Table A2: Sex and age distribution of asymptomatic cases at diagnosis (n = 286).

\*IQR: Interquartile Range



Characteristics	Ν	%
Sex		
Male	17	70.8
Female	7	29.2
Age groups (years)		
0-9	0	0.0
10-19	0	0.0
20-29	0	0.0
30-39	0	0.0
40-49	1	4.2
50-59	2	8.3
60-69	6	25.0
70-79	10	41.7
80+	5	20.8
Median age in years (IQR*)	76 (67-79)	
District		
Ammochostos	3	12.5
Larnaka	9	37.5
Limassol	2	8.3
Nicosia	3	12.5
Pafos	7	29.2

Table A3: Characteristics of all deaths (n = 24).

\*IQR: Interquartile Range



Table A4: Number of cases	by date of	sampling,	laboratory	reporting,	death,	and
ICU admission.						

Date	Sampling	Laboratory reporting	Death	ICU first admission
Date	(n = 918)	(n = 918)	(n = 24)	(n = 32)
01-Mar	0	0	0	0
02-Mar	0	0	0	0
03-Mar	0	0	0	0
04-Mar	0	0	0	0
05-Mar	0	0	0	0
06-Mar	0	0	0	0
07-Mar	1	0	0	0
08-Mar	0	0	0	0
09-Mar	1	2	0	0
10-Mar	4	0	0	0
11-Mar	2	0	0	0
12-Mar	6	0	0	0
13-Mar	12	16	0	0
14-Mar	8	5	0	0
15-Mar	12	8	0	0
16-Mar	5	13	0	1
17-Mar	8	4	0	1
18-Mar	16	16	0	0
19-Mar	13	9	0	0
20-Mar	17	10	0	1
21-Mar	10	0	1	1
22-Mar	6	16	0	1
23-Mar	13	19	0	1
24-Mar	18	8	2	3
25-Mar	14	10	0	3
26-Mar	34	20	0	1
27-Mar	31	24	3	2
28-Mar	26	21	1	3
29-Mar	33	27	1	1
30-Mar	37	33	0	0
31-Mar	39	45	2	0
01-Apr	29	56	2	1
02-Apr	47	29	0	0
03-Apr	21	32	1	2

Data are subject to change due to the rapidly evolving situation



25	38	1	0
9	18	0	0
37	23	0	1
39	23	0	1
23	32	0	1
17	31	1	1
18	20	0	1
37	20	1	0
21	16	1	1
26	41	0	0
25	25	0	0
15	16	0	0
9	19	0	2
4	15	0	0
6	7	0	0
0	1	0	0
11	6	0	1
6	13	0	0
7	5	1	0
13	7	1	0
2	12	0	0
9	3	0	0
4	2	1	1
16	11	0	0
5	16	0	0
9	4	0	0
6	5	0	0
7	8	0	0
3	7	0	0
2	4	0	0
4	6	0	0
5	4	1	0
6	4	0	0
2	3	0	0
3	3	0	0
8	3	1	0
1	4	0	0
0	3	0	0
	$     \begin{array}{r}       25 \\       9 \\       37 \\       39 \\       23 \\       17 \\       18 \\       37 \\       21 \\       26 \\       25 \\       15 \\       9 \\       4 \\       6 \\       0 \\       11 \\       6 \\       7 \\       13 \\       2 \\       9 \\       4 \\       16 \\       5 \\       9 \\       4 \\       16 \\       5 \\       9 \\       4 \\       16 \\       5 \\       9 \\       6 \\       7 \\       3 \\       2 \\       4 \\       5 \\       6 \\       2 \\       3 \\       8 \\       1 \\       0 \\     \end{array} $	25 $38$ 918 $37$ $23$ $39$ $23$ $23$ $32$ $17$ $31$ $18$ $20$ $37$ $20$ $21$ $16$ $26$ $41$ $25$ $25$ $15$ $16$ 9 $19$ $4$ $15$ $6$ $7$ $0$ $1$ $11$ $6$ $6$ $13$ $7$ $5$ $13$ $7$ $2$ $12$ $9$ $3$ $4$ $2$ $16$ $11$ $5$ $16$ $9$ $4$ $6$ $5$ $7$ $8$ $3$ $7$ $2$ $4$ $4$ $6$ $5$ $4$ $6$ $4$ $2$ $3$ $3$ $3$ $8$ $3$ $1$ $4$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

Data are subject to change due to the rapidly evolving situation



12-May	3	4	1	0
13 <b>-</b> May	2	0	1	0
14-May	3	3	0	0
15 <b>-</b> May	2	4	0	0
16-May	4	4	0	0
17 <b>-</b> May	0	0	0	0
18-May	1	1	0	0
19-May	0	1	0	0







Each colour represents a different postal code and the size changes according to the number of cases.



Figure A2: Cumulative tests and cases per 100,000 population in Cyprus and other selected countries (Updated: 19/05/2020).



Data source for Cyprus: internal communication; data source for other countries: <u>https://www.finddx.org/covid-19/test-tracker/</u>

Numbers of cases, tests and deaths for Cyprus are aggregated and include people from abroad and the British bases, while the total population does not include inhabitants from abroad or from the British bases.



Figure A3: Time from date of sampling to death of COVID-19 cases who died (n = 24; for three cases who died on the day of sampling/reporting, the time alive has been considered 0.5 days).





Figure A4: Length of stay in ICU (n = 32; for two cases who died on the same day of ICU admission the length of stay in ICU has been considered 0.5 days).





Figure A5: Length of stay in ICU of patients who died and had been admitted to an ICU (n = 16; for two cases who died the same day of ICU admission the length of stay in ICU has been considered 0.5 days).

